

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
A-1st Floor Activity Rm B- MC Activity Rm C-Chapel D-Care Suites Dining Rm F- Fitness Room M- Main Lobby/Main Lobby Dining Rm 2/3 – Resident Lounge	9:30 Coffee Chat- A 1 1:30 Bingo -D 3:00 LiFT Exercise - F 7:00 Movie – TV Ch. 4 <i>New Year's Day</i>	9:30 Coffee Chat-A 2 10:30 Church Service-C 1:30 Cribbage - D 3:00 Afternoon Stretch-F 7:00 Movie- TV Ch. 4	9:30 Coffee Chat – A 3 10:15 Skipbo - A 1:00 Rummy Kub – D 2:15 Bible Study – C 3:00 Afternoon Stretch – F 7:00 Movie- TV Ch. 4	9:30 Coffee Chat – A 4 10:15 Qwirkle Game-A 3:00 LiFT Exercise-F 6:30 Lion's Club Bingo-D 7:00 Movie – TV CH. 4	9:30 Coffee Chat – A 5 10:15 Hand Massages-3 1:00 Bridge-D 1:30 Knitting Club-A 3:00 Afternoon Stretch-F 7:00 Movie – TV Ch. 4	9:30 Coffee Chat – A 6 10:15 Bob's Bible Reading – TV Ch. 4 1:30 Ping Pong- AL 7:00 Movie – TV Ch. 4	
	11:00 St. James Church Service- TV Ch. 4 2:30 Worship Service with Gary Watts 7	9:30 Coffee Chat-A 8 9:30 Mexican Train with JC-D 1:30 Bingo-D 3:00 LiFT Exercise-F 6:30 Discovering the Bible Group 7:00 Movie – TV Ch. 4	9:30 Coffee Chat-A 9 10:30 Church Service-C 1:30 Cribbage with Amy-D 3:00 Afternoon Stretch-F 7:00 Movie- TV Ch. 4	9:30 Coffee Chat – A 10 10:15 Volunteer Group- A 11:30 Dine-In- M 1:00 Rummy Kub – D 1-2:00 Library Card and Survey - A 2:15 Bible Study – C 3:00 Afternoon Stretch – F	9:30 Coffee Chat – A 11 10:15 Sarah Card Game-A 2:00 Bible Discussion – A 3:00 Vinnie Rose Concert-C 4:00 LiFT Exercise- F 6:00 Team Trivia -A	9:30 Coffee Chat – A 12 10:15 Relaxing Coloring-A 1:00 Bridge-D 1:30 Hand Massages-2 3:00 Afternoon Stretch-F 7:00 Movie – TV Ch. 4	10:15 Bob's Bible Reading – TV Ch. 4 7:00 Movie – TV Ch. 4 13
	11:00 St. James Church Service- TV Ch. 4 2:30 Worship Service 14	9:30 Coffee Chat-A 15 9:30 Mexican Train with JC-D 1:30 Bingo-D 3:00 LiFT Exercise-F 6:30 Discovering the Bible Group 7:00 Movie – TV Ch. 4 <i>Month of Martin Luther King Jr. Day</i>	9:30 Coffee Chat-A 16 10:30 Church Service-C 1:30 Cribbage - D 3:00 Afternoon Stretch-F 4:00 Social Hour-A 7:00 Movie- TV Ch. 4	9:30 Coffee Chat – A 17 10:15 Couch Travel - A 11:00 Outback Steakhouse Outing-M 1:00 Rummy Kub – D 3:00 Catholic Service – C 3:45 Afternoon Stretch – F 7:00 Movie- TV Ch. 4	9:30 Coffee Chat – A 18 10:30 Men's Group - A 10:15 Cooking Group - D 2:00 Bible Discussion – A 3:00 LiFT Exercise- F 5:30 Cooking Group Soup at the Bistro -M 7:00 Movie – TV CH. 4	9:30 Coffee Chat – A 19 10:15 Hand Massages-3 1:00 Bridge-D 1:30 Knitting Club-A 3:00 Afternoon Stretch-F 7:00 Movie – TV Ch. 4	9:30 Coffee Chat – A 20 10:15 Bob's Bible Reading – TV Ch. 4 1:30 Uno Care Game-D 7:00 Movie – TV Ch. 4
	11:00 St. James Church Service- TV Ch. 4 2:30 Worship Service with Issac Fones 21 <i>Activity Professionals Week</i>	9:30 Coffee Chat-A 22 9:30 Mexican Train with JC-D 1:30 Bingo- D 3:00 LiFT Exercise-F 6:30 Discovering the Bible Group	9:30 Coffee Chat-A 23 10:30 Church Service-C 1:30 Cribbage - D 3:00 Afternoon Stretch-F 4:00 Birthday Party-A 7:00 Movie- TV Ch. 4	9:30 Coffee Chat – A 24 10:15 Volunteer Group- A 1:00 Rummy Kub – D 2:15 Bible Study – C 3:00 Afternoon Stretch – F 7:00 Movie- TV Ch. 4 <i>Tu B'Shevat Begins</i>	9:30 Coffee Chat – A 25 10:15 500 with JC - A 2:00 Bible Discussion – A 3:00 LiFT Exercise - F 7:00 Movie – TV CH. 4	9:30 Coffee Chat – A 26 10:15 Hand Massages-2 1:00 Bridge-D 1:30 Smart Phone Rundown-A 3:00 Afternoon Stretch-F 7:00 Movie – TV Ch. 4 <i>Australia Day (Observed)</i>	10:15 Bob's Bible Reading – TV Ch. 4 7:00 Movie – TV Ch. 4 27
	11:00 St. James Church Service- TV Ch. 4 2:30 Hymn Sing and Ice Cream Social 28	9:30 Coffee Chat-A 29 9:30 Mexican Train-D 1:30 Bingo-D 3:00 LiFT Exercise-F 6:30 Discovering the Bible Group 7:00 Movie – TV Ch. 4	9:30 Coffee Chat-A 30 10:30 Church Service-C 1:30 Cribbage - D 3:00 Afternoon Stretch-F 3:45 Resident Council-C 6:00 Movie Night- B 7:00 Movie- TV Ch. 4	9:30 Coffee Chat – A 31 10:15 I Should Have Known That!-A 1:00 Rummy Kub – D 2:15 Bible Study – C 3:00 Afternoon Stretch – F 7:00 Movie- TV Ch. 4			